



## Registration Form - 2017 Summer Adventure Camps

Registration for: (First) \_\_\_\_\_ (Last) \_\_\_\_\_ Age: \_\_\_\_\_

Birth date: \_\_\_\_\_ Age as of June 1st, 2017 \_\_\_\_\_

School: \_\_\_\_\_

Camper's Home Address: \_\_\_\_\_ City: \_\_\_\_\_

Country: \_\_\_\_\_ Prov/State.: \_\_\_\_\_ Postal Code: \_\_\_\_\_ PH: \_\_\_\_\_

Parent/Caregiver Name (1): \_\_\_\_\_

Work PH: \_\_\_\_\_ Cell PH: \_\_\_\_\_

\*\*Email: \_\_\_\_\_

Parent/Caregiver Name (2): \_\_\_\_\_

Work PH: \_\_\_\_\_ Cell PH: \_\_\_\_\_

\*\*Email: \_\_\_\_\_


**\*\* Help us reduce the use of paper by providing an email address and indicate which email is your family's primary email address for communications. Whenever possible, correspondence will be via email. To ensure you receive our emails make sure that [info@vancouveroutdoorschool.com](mailto:info@vancouveroutdoorschool.com) is not designated as "junk mail".**



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Select	Camp	Time Dates	Location	Age	Cost
<input type="checkbox"/>	Mountain Camp	Monday July 10 - Friday July 14	Fireside Lodge, Whistler, BC  (Pickup / Drop-off @ Broadway/ Commercial Drive Safeway)	8 to 12 years	\$689 + GST = 723.45
<input type="checkbox"/>	Sprout Day Camp	Monday, July 17 - Friday July 21	Camp Capilano  Capilano Park Rd, North Vancouver, BC V7R 4L2	8 to 12 years	\$325 + GST = 341.25
<input type="checkbox"/>	Optional: Sprout Day Camp Pick- Up / Drop- off	Monday July 17 - Friday, July 21	Daily Pick-up / Drop-off @ Broadway/ Commercial Safeway		\$85 + GST = 89.25
<input type="checkbox"/>	Forest Camp	Monday July 17 - Friday, July 21	Camp Capilano  Capilano Park Rd, North Vancouver, BC V7R 4L2	8 to 12 years	\$589 + GST = 618.45
<input type="checkbox"/>	Ocean Camp	Monday July 24 - Friday July 28	Gambier Island, BC  (Pickup / Drop-off @ Government Dock, Horseshoe Bay)	8 to 12 years	\$589 + GST = 618.45

 How did you hear about us? \_\_\_\_\_

**Optional Vancouver Outdoor School Campership Contribution:** If you would like to contribute an amount to go towards a fund providing the opportunity for campers who are less fortunate please contact us for more information.

Payment Calculator: Session Fee \$ \_\_\_\_\_ (Tax Exempt) Total Cost \$ \_\_\_\_\_

**PAYMENT TERMS:** Camper fees include all food, equipment, supervision, accommodation (if applicable) and activities during the session. Registration must be accompanied by a \$150 deposit for your camp of choice. Full payment due by May 15, 2017. There is a \$55 NSF charge. **Payments can be made via: cheque payable to Vancouver Outdoor School, Paypal or through e-transfer to [jeff@vancouveroutdoorschool.com](mailto:jeff@vancouveroutdoorschool.com).**



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## Camper's Medical Information

Camper's Name: \_\_\_\_\_ Health Card Number:  
\_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Physician Name: \_\_\_\_\_ Physician's Phone  
Number: \_\_\_\_\_

Overall Physical Condition:  Excellent  Good  Fair  Poor

Date of last Tetanus Inoculation or Booster: Day \_\_\_\_\_ Month \_\_\_\_\_ Year \_\_\_\_\_

Does the camper have any allergies?  Yes  No

If yes, list including severity:

Does your child take any medication?  Yes  No

If yes, list and indicate if they need assistance:

Other medical concerns: (ie. Asthma, emphysema, hay fever, diabetes, epilepsy, nosebleeds, fainting, heart condition, high blood pressure, etc.)

Please list any physical, emotional or psychological limitations:

Does your child or have they ever required additional support in other programs, school or childcare?



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## General Information

**Cooking skill levels:** Please circle appropriate experience or frequency level

	WEAK					STRONG
Reading a recipe	1	2	3	4	5	
Baking	1	2	3	4	5	
Use of an oven		1	2	3	4	5
Cooked at home	1	2	3	4	5	
Use of Knives	1	2	3	4	5	

**Personality:** Circle any words that describe your child

Outgoing    Shy    Loves to cook    A creative cook    Gordon Ramsay    Guy Fietti

Eager to attend program    Friends participating in program

Has your child attended other cooking camps? \_\_\_ Yes \_\_\_ No  
If yes, where/when:

**\*If you are registering for our Overnight Forest Camp, please fill out the following:**

**Outdoor Activity skills levels:** Please circle appropriate experience or comfort level

	WEAK					STRONG
Canoeing	1	2	3	4	5	
Hiking	1	2	3	4	5	
Swimming	1	2	3	4	5	
Camping	1	2	3	4	5	

Has your child attended overnight camp before? \_\_\_ Yes \_\_\_ No



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**Additional Information:**

Please use this space to let Sprouting Chefs & Vancouver Outdoor School know of any other additional information you feel relevant to you/your child's safe and comfort level at our day camp. Eg: She wants to be a chef when she grows up! He would rather be baking than playing video games 😊 or My child has only cooked with me and watched more than participated.

**Authorization:** To the best of my knowledge me/my child does not have any communicable diseases and is physically able to participate in all cooking activities except as indicated above. All medical problems or conditions requiring ongoing medical supervision or care have been fully noted. I give permission for this health information to be shared with the appropriate people including staff and Medical Personnel.

If I have a child attending the Sprouting Chefs Day Camp Program:

I understand that I will be notified following assessment or treatment by a local physician

In case of emergency, if I cannot be reached, permission is hereby given to the camp staff to take whatever steps deemed necessary to ensure the safety and health of my child. This also allows permission for the staff at Sprouting Chefs to contact the camper's family physician.

The above information is correct to the best of my knowledge. I will notify Sprouting Chefs of any changes as soon as possible.

*My signature below indicates all information of this medical and general information form is complete and accurate.*

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_



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## Waiver Form

Camper's Name: \_\_\_\_\_

Please read carefully:

\*By signing this you recognize and understand the acknowledgment of risk form and you give up all your legal rights to sue for injuries or loss caused during the period that the camper is under the supervision of Sprouting Chefs / Vancouver Outdoor School Camp Program.

\_\_\*We hereby forever release, discharge and hold harmless the instructors, volunteers, directors and any other staff member of Sprouting Chefs Society and Vancouver Outdoor School from any claim, action or damage arising out of the camper's activities while participating in the Sprouting Chefs / Vancouver Outdoor School Summer Camp Program.

\_\_\*We further understand that Sprouting Chefs Society and Vancouver Outdoor School assumes no liability or responsibility for injury or loss to the aforementioned camper's person or property.

\_\_\*I/We have read, understood, accept and agree to abide by the policies and guidelines as set forth and acknowledge the risk involved in the Sprouting Chefs / Vancouver Outdoor School Camp Programs. If I have any uncertainty as to the nature of the programs I will request more information from Sprouting Chefs or Vancouver Outdoor School.

\*Please initial each of the above paragraphs to ensure you have read and understood the waiver information

\_\_\_\_\_

Signature of Parent/Guardian

\_\_\_\_\_

Print Parent/Guardian

\_\_\_\_\_

Signature of Witness

Print Witness Name

Date: \_\_\_\_\_



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## Photo Waiver/Release

Sprouting Chefs & Vancouver Outdoor School are constantly updating their website and promotional materials. We are proud of our programs and would like to be able to show pictures that demonstrate what we do. We take pictures during all our programs. We are asking for permission to use your image or your child's image in promotional material, and on our website to promote the benefits of Sprouting Chefs or Vancouver Outdoor School programs. ). Photos supporting our programs also are used to thank various funders who have supported our programs including: **Whole Foods** (Cooking Classes/Community Partner. We take pictures during all our programs. We are asking for permission to use your image or your child's image in promotional material, and on our website including our social media sites: Facebook, Twitter and Instagram page, to promote the benefits of Sprouting Chefs / Vancouver Outdoor School programs.

Sprouting Chefs and Vancouver Outdoor School can use my image or my child's image (in photograph, digital, video or electronic form) for and in publications, posters, website or other media without limitation, and I agree not to make any claim for misappropriation of personality, breach of privacy, or other loss or damages against Sprouting Chefs and Vancouver Outdoor School in respect thereof.

Please indicate if you agree or disagree with the information above related to Photo Waiver/Release by circling one of the following:

Agree                  Disagree

\_\_\_\_\_  
\_\_\_\_\_

Signature of Parent/Guardian

Print Parent/Guardian Name

\_\_\_\_\_

Name of Camper



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## Acknowledgement of Risk

Camper's Name: \_\_\_\_\_

Sprouting Chefs and Vancouver Outdoor School would like you to read the following carefully as it may affect your child's safety and the safety of others participating in this program. Once you have read it we would like you to sign the bottom of the form as an indication that you have read and understood it, and return it to us, together with the rest of your registration package.

We have taken all reasonable steps to provide you with the level of care and assurances of safety appropriate to these cooking activities. However, you should be aware that certain inherent risks remain which are integral to the activity, and which cannot be eliminated without destroying the uniqueness of the activities.

Amongst other things, some of these risks can contribute to:

- The loss or damage of your child's personal clothing or equipment
- Feelings of discomfort, fear, and apprehension or even
- Accidental injury, illness or trauma, which in extreme cases may result in death

\*The level of real (as opposed to apparent) risk associated with the activities of our camps is very low. However, the type of risks may be something with which you are not familiar. The level of risk is generally no greater than that associated with, for example, the normal play of an average person/child, or that associated with a person/child or youth undertaking recreational activities appropriate to their ability, fitness, age, etc. \*

Sprouting Chefs encourages you to dress your child appropriately to cooking in a kitchen including:

- Wearing an apron, hat or tying long hair back and away from your child's face
- Long pants and closed toe foot wear (shorts, sandals, and flip flops are not to be worn in the kitchen. **Campers who are not dressed appropriately will not be permitted into the kitchen facilities for their own safety.**)

During our cooking sessions, all recipes will be age appropriate. When possible, each camper will take as active a role in all or parts of the recipe as much as possible. Whenever an activity is deemed not appropriate due to age or experience level, our chef leaders will take a more active role including placing and taking out of large heavy items from ovens, handling of large knives or use of certain kitchen equipment.

If there are any limitations or restrictions to meats, seafood or any other food products due to religious backgrounds or dietary restrictions, please inform us.





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Please also note, that while your child may have attended a previous cooking class or has experience cooking at home, our team of qualified chefs and staff are still required to ensure your child has been given the proper safety guidelines in regards to any knife handling, orientation and use of small kitchen equipment, ovens, stoves or outdoor grills.

Depending on the variety of both recipes and activities we cover during the week, the experience level of the camper, and whether or not you are attending our Overnight Camp and your child may be involved with any or all of the following. If you are not comfortable with any of these activities you should let that be known as soon as possible.

***Things you may encounter include, but may not be limited to:***

**Stove top sautéing** Using frying pans on the gas oven range to enhance the flavour of meats, vegetables or seafood.

**Oven** We will be using the ovens to do a variety of baking or roasting. Exposure to campers will be very limited due to size of oven in relation to size of the campers.

**Large mixers** may be used to form large amounts of dough or cake batters.

**Knife handling** will be limited to campers and most foods will be prepared ahead of time by older participants or chef leaders to ensure safety and time limitations. Students will be given instruction on proper safety and knife handling techniques to minimize any cuts. Any participant who is deemed irresponsible or acting in an unsafe manner while using knives will be limited to use and access.

**Rough or rugged terrain.** During Overnight Forest Camp you may explore mountain, forested or rough terrain. If you are only used to footpaths, tarmac surfaces, and gentle inclines, etc., this may come as a bit of a surprise by putting greater strain on joints and muscles than you are used to.

**Physical effort.** Our camps involve physical effort that at times may be more than you are used to. This may involve stamina or physical strength. If you have medical conditions or injuries, past or present, which may make some activities difficult, you should make us aware of them. Rest assured however, that we could accommodate almost anyone provided we know about the condition.

**Animals.** During our Forest Overnight Camps, we may be going into wilderness area where animals live (eg. bears, cougars, smaller mammals). Generally wild animals want to stay away from human activity but there have been cases where humans do encounter animals. We will do our best to prevent such an occurrence. Students will be given instruction on how they can be responsible users of the wilderness.

**Water activities.** All normal and appropriate precautions will be taken, such as the use of buoyancy aids when appropriate. However, some situations may become stressful for some people. If you have an



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unusual aversion to water you should let that be known to us, although the ability to swim is NOT a requirement.

**Environmental risks and hazards.** These may include such factors as lightning, floods or rock-fall although the more common would be rapid and significant changes in the weather, or unstable or slippery conditions underfoot.

**Transportation.** Sprouting Chefs/Vancouver Outdoor School camps may involve driving which will be done on highways, and secondary roads. Our drivers follow all road rules including speed limits. There are risks associated with being in a vehicle. Accidents are possible and can even be fatal. We will do our best to minimize the potential for these types of risks by always driving defensively.

**Canoeing.** All Overnight Forest Camp participants will participate in a swim test, water comfort assessment and basic canoe competency lessons. No participants are allowed in any water without direct supervision from staff. There is potential for a canoe to tip over because of poor distribution, paddling strokes or unstable water which could cause participants to become wet and/ or cold and/or anxious. Prior to any canoeing, participants will need to partake in a canoe over canoe rescue exercise and be taught water safety procedures.

**Slips and trips.** This is the most common type of accident throughout society and our trips are no exception. We will endeavour to ensure that the consequences of such a slip are not serious but you should be aware that the likelihood of falling over or slipping is likely to be greater than you are used to. Greater safety precautions will be taken due to the fact of younger participants above and beyond clear visual and standard safety guidelines.

Sprouting Chefs & Vancouver Outdoor School have clear obligations and we take these very seriously. However, we will be expecting students to contribute to their own, and each other's safety by following the instructions leaders will, from time to time, be giving them.



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**Acknowledgement**

I recognize:

- That this program may require an attitude and approach different from other activities I have been involved with
- That the nature of the risks may be different to those which I am familiar with.
- That certain inherent risks remain

Signature of Participant \_\_\_\_\_ Date

\_\_\_\_\_

Signature of Parent/Guardian \_\_\_\_\_ Date

\_\_\_\_\_



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Sprout Sheet – (for the camper to fill out if attending Forest Camp  
or Sprout Day Camp please 😊)

Treat this sheet with care as it comes from you, the camper/participant -the most important person of all!  
Tell us more about yourself and don't be afraid to hold back 😊 Starting with the basics:

Name \_\_\_\_\_ Age \_\_\_\_\_ Birth  
date \_\_\_\_\_

School \_\_\_\_\_ Grade in September  
\_\_\_\_\_

**Cooking Level:** Are you a Seedling, Sprout or a Chef in the making? (Circle which ever applies to you)

What kind of cooking have you done already? (Circle which ever applies to you)

Baking          I make my own lunch          Other Cooking Camps/Schools          Home Economics

I just watch my parents a lot!

Do you know how to read a recipe? \_\_\_ Yes \_\_\_ No

What kinds of food do you like to eat the most?

What food do you think is “totally gross”?

If you could learn how to **GROW** any kind of food, what would it be?

If you could learn how to **COOK** any kind of food, what would it be?



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## Sprout Sheet – PG. 2

Of all the awesome things we are going to do this week, what are you most looking forward to?

- The “Dare to Eat Your Greens” Fear Factor Challenge (I’m going to win!!)
- Eating new foods
- Trying new foods
- Learning how to grow food in a garden

Finally, if you could cook dinner for anyone and have a party with them, who would it be with and what would you make for them? (Eg. I’d make a roast chicken dinner for my entire family or I would make pizza for my friends or I’d make sushi for my favourite chef)

On behalf of everyone at Vancouver Outdoor School & Sprouting Chefs, we’d like to take this space on the form to Thank You for telling us more about yourself! We can’t wait to meet you and learn more about all the wonderful things you do!

If you have any questions, thoughts or concerns, give us a call 604-787-6449 or shoot us an email at [info@vancouveroutdoorschool.com](mailto:info@vancouveroutdoorschool.com). We’d love to hear from you 😊



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### Authorization for Pick Up

At Sprouting Chefs / Vancouver Outdoor School your child's safety does not end at the end of our program. Each participant must be signed in with us and signed out with authorized permission by you, the parent. We will not release your child to any person at the end of our Summer Camp Program without your permission. This person can change if necessary by phoning us at 604-505-0074. Please inform us within 24 hours of the change. We can wait with your child up to 15 minutes after the session is completed. There will be a charge of \$25 per 15 minutes after that timeframe. Please ensure you inform us of any changes or lateness.

The only person(s) authorized to pick up my child

\_\_\_\_\_ (Print Name)

The phone number to reach him/her is \_\_\_\_\_.

Parent/Guardian Signature

\_\_\_\_\_



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## Cancellation Policy & Conditions of Enrolment

Sprouting Chefs & Vancouver Outdoor School believe firmly that it is a true combination of both the camper and the group of talented volunteers, leaders and program directors that make our camp experience successful. We believe food brings communities together in a truly unique way. Our hope is to create a family style environment where all campers and staff are respected and valued.

In consideration of acceptance of this application by Sprouting Chefs Society and Vancouver Outdoor School, I/we hereby agree as follows:

- a) That the Directors of Sprouting Chefs Society and Vancouver Outdoor School reserve the right to terminate the registration of any campers when it is deemed by the Directors to be in the best interest of the camper and/or the camp. In such an event it is understood that no refund will be made.
- b) If I have a child participating in the camp, I give camp officials authority to act on my behalf in case of an emergency
- c) To release and indemnify Sprouting Chefs Society and Vancouver Outdoor School from any and all claims for losses or articles and damages arising as a result of any accident, injury or otherwise sustained by the herein named camper arising from participation in the any camp activities.

Sprouting Chefs Society and Vancouver Outdoor School reserve the right to cancel, postpone or combine classes, to limit registration and to alter course content, instructors, dates, or times. Registrants are notified of class change by telephone, mail, or email before the course start date. Full refunds are issued for cancelled or rescheduled camps.

\$150 Deposit Payment is required in full upon booking. Remaining balance is due by May 15, 2017. This can be paid by Paypal, e-transfer to [jeff@vancouveroutdoorschool.com](mailto:jeff@vancouveroutdoorschool.com), or cheques made payable to Vancouver Outdoor School. If for any reason you have to cancel your camp, you may reschedule or receive a refund if you notify us of the cancellation two weeks prior to camp. Please allow four to six weeks for processing. If you are eligible, you will receive a refund by:

- Paypal if you paid your registration by Paypal
- Cheque if you paid your registration by cheque or e-transfer.
- NSF cheques are subject to a \$55 service charge and certified funds will be required.

Camper Name: \_\_\_\_\_ Session Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_